Opposites!

Books: Opposites! Read Aloud & Action Song from StoryTime with Bri Reads (YouTube)

<u>My Opposites</u> by Patricia Mitter (YouTube)

Music: Opposites Song by CoComelon Nursery Rhymes & Kids Songs

Opening Song:

Wake Up Feet

(wiggle each body part along with the song)
Wake up feet, wake up feet
wake up feet and wiggle, wiggle, wiggle
wake up feet, wake up feet
wake up and wiggle in the morning

Also: hands, ears, knees, fingers, hips

Action Rhyme:

Slowly, Slowly

Slowly, slowly, very slowly creeps the garden snail (move thumb up arm slowly) slowly, slowly, very slowly up the garden rail Quickly, quickly, very quickly (move fingers up arm quickly) runs the little mouse quickly, quickly, very quickly into his little house

Movement Rhyme:

Here We Go Up-Up-Up!

Here we go up-up-up
(lift baby up in the air)
and here we go down-down-down
(lower baby toward the floor)
And here we go back-and-forth, and back-and-forth
(swing baby back and forth)
and here we go around and around and around!
(turn around holding baby)

Movement Rhyme:

Open, Shut Them

(move baby's arms out to sides and back in, following the rhyme)

Open, shut them, open, shut them give a little clap, clap, clap
(clap baby's hands)

Open, shut them, open, shut them put them in your lap, lap, lap
(put baby's hands in lap)

Creep them, crawl them, creep them, crawl them
(walk fingers up baby's chest)
right up to your chin, chin, chin
Open up your little mouth
(open your mouth)

But do not let them in!

Closing Song:

Goodbye (tune of "Good Night Ladies").

Goodbye (baby's name) Goodbye (baby's name) Goodbye (baby's name) It's time for us to go!

(tickle down baby's chest)

