

Night Time Baby Time

[Go To Bed Ted](#) by Marie Powell (Hoopla)
[Bedtime](#) by Charles Reasoner (Hoopla)
[Baby Can't Sleep](#) by Lisa Schroeder (Library)

Fingerplay: Open, shut them

Open shut them, open shut them, (open and shut hands)
give a little clap, (clap hands)
open shut them, open shut them, (open and shut hands)
lay them in your lap.
Creep them, creep them, creep them, (creep fingers up your arms)
creep them right up to your chin.
Open up your little mouth but do not let them in. (hide your hands behind your back)

Bouncing Rhyme: Are you Sleeping?

Are you sleeping? Are you sleeping?
Brother John, Brother John.
Morning bells are ringing, morning bells are ringing.
Ding ding dong! Ding ding dong!

Fingerplay: 5 Little Monkeys

5 little monkeys jumping on the bed. (hold up 5 fingers)
One fell off and bumped his head. (point to head)
Mama called the doctor and the doctor said
NO MORE MONKEYS JUMPING ON THE BED...count down to 0.

Song: Twinkle Twinkle Little Star (sway back and forth)

Twinkle, twinkle little star,
How I wonder what you are
Up above the world so high
Like a diamond in the sky
Twinkle, twinkle little star,
How I wonder what you are.

Action Rhyme: Teddy Bear, Teddy Bear

Teddy bear, teddy bear touch your nose
Teddy bear, teddy bear touch your toes
Teddy bear, teddy bear touch your head
Teddy bear, teddy go to bed.

Closing Song: Roly Poly

Roly poly, roly poly, in and out, in and out. (roll baby on lap)
Roly roly poly, roly roly poly, in and out, in and out. (lean forward and backward)
Roly poly, roly poly, nose and toes, nose and toes. (touch baby's nose and toes)
Roly roly poly, roly roly poly, nose and toes, nose and toes. (touch baby's nose and toes)

