



PLYMOUTH



DISTRICT LIBRARY



Library Catalog Upgrade



In this season of gift-giving, PDL is giving you an easier way to find library materials and explore our collections online. We're thrilled to announce that our library catalog is getting a major upgrade this December.

What's Changing?

Improved Search Features:

Bibliocommons offers smarter search algorithms, making it easier to find exactly what you need. You can expect more relevant results and personalized recommendations.

User-Friendly Interface: The new design is intuitive and visually appealing, ensuring you can navigate with ease.

Enhanced Community Engagement:

With features like user reviews and ratings, you can share your thoughts on titles and discover what others are reading.

Curated Collections:

Our librarians are curating thoughtful content streams and book lists to help you find your next favorite book with ease.

When Will This Happen?

In the coming weeks, you will get the chance to try out the new system before it goes live on our website December 12. We can't wait for you to explore the new features and functionalities. Stay tuned for more updates, and as always, thank you for being a valued member of our library community!

The Importance of Rest



In today's world, we are constantly bombarded with demands—work deadlines, family obligations, social media notifications, and a never-ending list of to-dos. The pace of modern life has created a culture where being busy is glorified, and rest is often overlooked or even viewed as laziness. Yet, as stress and anxiety reach new heights, the need for intentional rest is more crucial than ever. This article explores why rest is vital, how practices like reading can help, and intentional

ways to integrate rest into your life despite the busyness.

The Toll of a Fast-Paced Life

The always-on culture we live in has significantly contributed to rising levels of stress and anxiety. According to the American Psychological Association, being constantly connected to work, social obligations, and digital media creates a state of "perpetual stress" that can lead to burnout and mental fatigue.

Continued on page 8.

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YOUTH/FAMILY PROGRAMS



BARK: BE A READING KID Mondays, Dec. 2 and Jan. 6 and Feb. 3 | 6-7:30pm

At this paw-some program, children are paired with therapy dogs for 15-minute reading sessions, encouraging them to grow their reading skills. Slots are first come, first served beginning 15 minutes before the program. Age Group: 5-12

GINGERBREAD BUILDING FUN!

Saturday, Dec. 7 | 10:30am-12:30pm
Come build festive gingerbread homes at the library – an exciting event full of creativity and holiday cheer for kids! Sponsored by Friends of PDL. Age Group: 6-12. Registration required.

BOOK CLUB PARTY

Monday, Dec. 16 | 6:30-7:15pm
Do you love books? Join us for a Harry Potter themed party where kids can talk about their favorite books, eat snacks, answer trivia and go on a scavenger hunt. Sponsored by Friends of PDL. Age Group: 9-12. Registration required.

LEGO® CLUB

Tuesdays, Dec. 17, Jan. 21 and Feb. 18 | 4:30-6pm
Drop-in LEGO® Club is great fun for LEGO® aficionados of all types! Each month will have a special creation theme that is STEAM related but open LEGO® building is also encouraged. Age Group: 5-12.

POKEMON TRAINERS CLUB

Thursdays, Dec. 19, Jan. 16, and Feb. 13 | 6:30-7:30pm
Bring some Pokemon cards to trade or just share your love for this fun and popular game. Age Group: 5-12. Registration required.

MESSY PLAY

Dec. 20, Jan. 17 and Feb. 21 | 10:30-11:30am
Children are naturally curious and learn best when they actively engage with their environment and use all their senses! They will learn about different textures and materials in a way they learn best. This is a drop in activity. Please dress for mess. Age Group: 0-4.

BUG LADY

Saturday Dec. 21 | 10:30-11:30am
Are you interested in seeing bugs up close and personal? Join us in welcoming The Bug Lady! Learn about different bugs and get a chance to hold one! Registration is required. Age Group: 5-12. Sponsored by Friends of PDL.

FREE PLAY AT THE LIBRARY!

Saturday, Dec. 28 and Friday, Jan. 3 | 10-4pm
Need something for the kids to do over break? Come to the library for some awesome all-day events. We provide the toys/games and you can just come and play!
Dec. 28 | Obstacle Course
Jan. 3 | Building Toys and Games
Age Group: 3-12.

READ TO A STUFFIE!

Monday Dec. 30 | 11am-3pm
Want to see the library stuffies up close? We will have our famous stuffies in the storytime room so kids and families can come read them a story. Age Group: Kids.

THE FLOOR IS LAVA?!

Saturday, Jan. 4 | 2-3pm Bring the whole family for an exciting adventure where the floor has turned to lava! Hop, step and jump around as you complete silly challenges. Who will be left at the end? Age Group: 5-12.

DONUTS & WRITING CLUB

Thursdays, Jan. 9 and Feb. 20 | 6:30-7:30pm
Come for encouragement, to play writing games, or just to eat donuts. Sponsored by Friends of PDL. Age Group: 9-12. Registration required.

TALKING HANDS ASL CLUB

Saturdays, Jan. 18 and Feb. 15 | 10:30-11:30am
Want to learn more about American Sign Language (ASL) and practice with others in the community? Join us for some fun games and good conversation. Sponsored by Friends of PDL. Age Group: All Ages.

RPG CLUB

Thursdays, Jan. 23 and Feb. 27 | 6:30-7:30pm
Want to learn a role-playing game? Amazing Tales is a great way to start. Create a character and go on an adventure, all in one hour. Sponsored by Friends of PDL. Age Group: 9-12.

ENGINEER IT!

Wednesdays Feb. 5, 12, 19 and Feb. 26 | 6:30-7:30pm
Join us in The Lab for a four-week course where students dive into the Engineering Design Process: ask, research, imagine, plan, create, test, and improve. Age Group: 9-12. Registration required.

PARADE OF PRESCHOOLS

Monday, Feb. 10 | 7-8:30pm
Meet with several preschools. Learn the answers to your important questions: Student/teacher ratios, philosophies, teachers training, curriculum, daily schedule and more. This program is intended for parents and caregivers.

GLOWFORGE SNOWMEN

Tuesday, Feb. 11 | 4:30-6pm
Join us in The Lab for a fun winter activity, where kids will use our Glowforge laser engraver to create their very own snowman keychain. Age Group: 9-12. Registration required.

CRICUT FOR KIDS

Saturday, Feb. 22 | 11am-12pm
Join us for some Cricut fun and become a designer! Learn how you can use Cricut Design Space to create projects like cards, t-shirts and more! Age Group: 9-12. Registration required.

FANCY FAMILY TEA PARTY

Saturday, Feb. 22 | 2-4pm
Step into a world of elegance at our Fancy Family Tea Party! Enjoy delightful games, delicious tea and scrumptious treats all while dressed in your finest attire. Age Group: 5-12 and their families. Registration required.



THE BIG BLUEY BASH!

Friday, Jan. 24 | 10:30am-12:30pm and Saturday, Jan. 25 | 1-3pm
Celebrate the family of Heelers that have won their way into everyone's hearts at The Big Bluey Bash! With crafts, dancing, and rousing games of Keepy-Uppy, this event is fun for the whole family! Registration Required (please register for ONLY ONE SESSION, as both sessions offer the same activities). Age Group: 3-12 and their families.

YOUTH STORYTIMES



WELLNESS STORYTIMES

Thursdays, Dec. 5, Jan. 2 and Feb. 6 | 6:30-7pm

Join us for a relaxing storytime with stories, songs, rhymes and activities designed to help children and their families de-stress and re-connect. Dec.5 - Sensory, Jan. 2 - Yoga, and Feb. 6 - Mindfulness. Age Group: 4-8 and their families.

BABYTIME

Mondays, Dec. 23, Jan. 27, Feb. 24 and Fridays, Dec. 13, Jan. 10, Feb. 14

Babytime is a 15-minute story, song and rhyme time, followed by a 30-minute playtime. Age Group: Babies ages 6 to 24 months and their caregivers. Only the caregiver and baby may attend. No older siblings please.

SUPER-SIZED STORYTIME

Wednesdays, Jan. 8 - Feb. 12 | 10:30-11am

Experience the magic of Super-sized Storytime. With engaging librarians and educational stories, our super-sized room and screen give us more space for reading, dancing, crafting and bubbles! Age Group: 2-5.

PLAY AND LEARN STORYTIME

Thursdays, Jan. 9 - Feb. 13 | 10:30- 11:15am

Join us for stories, songs, rhymes, and more that encourage development of early literacy skills in young children. This storytime is perfect for children who prefer a cozy atmosphere. Age Group: 2-5 and their families.

MAKE AND CREATE STORYTIME

Tuesdays, Jan. 28 and Feb. 25 | 4:30-6pm, Join us in The Lab for an exciting drop-in creative storytime where we dive into books about making and creating. After enjoying a story, children will have the opportunity to participate in a STEAM activity inspired by the book. Age Group: 5-8.

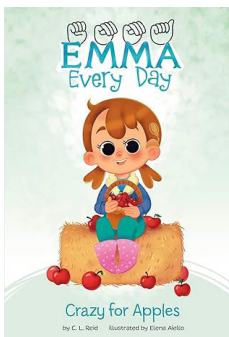
YOUTH BOOK CLUBS



GRAPHIC NOVEL BOOK CLUB

Thursday Feb. 6 | 5-6:30pm

Read and discuss a graphic novel with a group! This event includes a free copy of *Wingbearer* by Majorie Liu. This event is held in-person at State of Comics in downtown Plymouth. Registration opens Jan. 6. Sponsored by Friends of PDL. Age Group: 9-12. Registration required.



BOOKWORMS BOOK CLUB!

Wednesday, Feb. 26 | 6:30-7:15pm

This book club is for beginning readers. Kids will receive a list of books in a series that they can read. Your child will then be able to meet up with other kids to talk about the books they read, do a craft, and play a game. Sponsored by Friends of PDL. Age Group: 5-8. Registration is required and begins on Feb. 5. Feb.'s book series will be *Emma Every Day* by C.L. Reid.

EVENTS FOR ALL

HOLIDAY CARDS FOR HOSPITALIZED KIDS

Sundays, Dec. 8 and Jan 19 | 2-4pm

We invite you to join us in spreading joy and hope during this season of giving by supporting Cards for Hospitalized Kids (CFHK), a nonprofit charity that distributes uplifting, handmade cards to Children's Hospitals. Age Group: All ages.

ROBOTICS SHOWCASE WITH WEST MIDDLE SCHOOL

Thursday, Dec. 12 | 6-8pm

Come check out the robots that the West Middle School robotics teams took to competition this year. See the robots in action on the game field, meet the team and ask questions about engineering and coding a robot along with marketing the robot to showcase its skills. Age Group: All ages.

HOUR OF CODE

Thursday, Dec. 12 | All Day

Join us for an Hour of Code in The Lab! Celebrate Computer Science Education Week with a fun and accessible drop-in coding challenge.

MODEL TRAIN DISPLAY

Thursday, Dec. 26 - Sunday, Dec. 29

All aboard! Kids of all ages are welcomed to enjoy an amazing working display of H0-scale model trains. Presented by the Great Lakes Chapter of ETE (European Train Enthusiasts). Sponsored by Friends of PDL. Age Group: All ages.

RETRO GAMING

Friday, Jan. 3 | 11am-4pm

Step into a retro gaming arcade at the library! Play classic games for free while exploring the evolution of video gaming through the decades. Sponsored by Friends of PDL. Age Group: All ages.

HOT COCOA DAY

Tuesday, Jan. 28 | 6:30-8pm

Join us in celebration of National Hot Cocoa Day with a selection of hot cocoas from around the world. This program is sure to have a hot cocoa for everyone! Sponsored by Friends of PDL. Age Group: All ages.

COMMUNITY PUZZLE SWAP

Saturday, Feb. 8 | 10am-2pm

(10am-12pm for voucher holders only; 12-2pm open to the public) Tired of the puzzles you've built again and again? Why not swap?! Drop off gently used puzzles Feb. 3-7 and receive a claim voucher for up to 5. Then on Feb. 8, swap your vouchers for some new-to-you puzzles. NOTE: Please put pieces in a plastic bag within the box or seal the box. Age Group: All ages.

Register for EVENTS TODAY!

Visit our calendar: plymouthlibrary.org/events to access the calendar and find your event. Click on any event and fill out its registration form. You can also call 734-453-0750, option 5 or register for the event in-person.



We are Listening

Over the past few months, we've gathered your input through Community Conversations to understand what you envision for Plymouth and how PDL can support those dreams. Many of you shared your love for Plymouth and below are the main points that you shared with us.

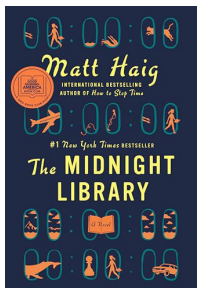
- **Preserving Small-Town Charm:** You love Plymouth's close-knit, picturesque feel, and we're committed to supporting that as we grow.
- **A Place to Connect:** PDL is seen as a vital community hub where neighbors can come together.
- **Library Attractions:** Books, programs, and a peaceful space are top reasons why you visit.
- **Connecting Generations:** You want more opportunities for all ages to connect and learn together.

We're excited to reflect on your feedback as we set goals for our 2025 Strategic Plan! Learn more about these insights, challenges, and next steps by reading the full article on our website. Together, let's shape the future of PDL! For more on the progress of the strategic plan visit: plymouthlibrary.org/community.

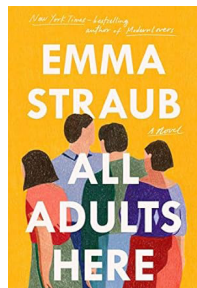
ADULT BOOK CLUBS

Contemporary Books Discussion Group

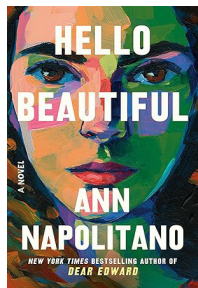
This group meets on the second Tuesday of each month at 7:30pm at the library. Volunteers from the group lead the discussion, with background materials supplied by the librarian. Each month the current title is available at the help desk on the main level. New members are always welcome! For more information, e-mail info@plymouthlibrary.org.



December 10
The Midnight Library
by Matt Haig



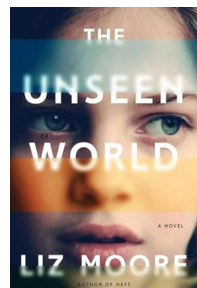
January 14
All Adults Here
by Emma Straub



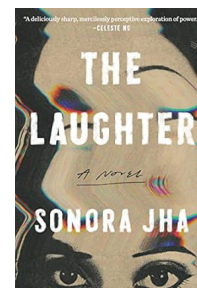
February 11
Hello Beautiful
by Ann Napolitano

Books On Tap

This book club meets monthly at 7pm to talk books, socialize, and kick back with a beverage. Meetings take place at Arbor Brewing Plymouth Taproom. Books for the current month's selection may be obtained from the help desk on the main level of the library. New members are always welcome!



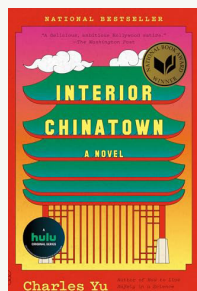
January 15
The Unseen World
by Liz Moore



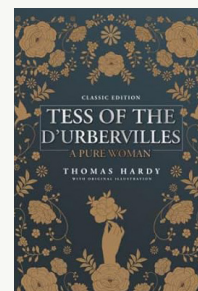
February 19
The Laughter
by Sonora Jha

Brown Bag Books

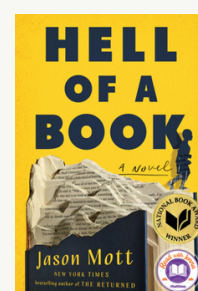
This book discussion group meets at noon on the fourth Wednesday of each month and is always open to new members. Books are available at the help desk on the main level during the month preceding the discussion. Volunteers from among the group lead the discussion, with background materials supplied by the librarian. The group meets both in person and via Zoom.



December 18
Interior Chinatown
by Charles Yu



January 22
Tess of the d'Urbervilles
by Thomas Hardy



February 26
Hell of a Book
by Jason Mott

Silent Book Club

Tuesdays, Jan. 28 and Feb. 25 | 7pm

Silent Book Club is a gathering of readers. Read silently for an hour, and then, if you'd like, come together to talk about books. There is no assigned reading. All kinds of readers are welcome.



Silent

BOOK CLUB

ADULT PROGRAMS

ZERO-PROOF HOLIDAY COCKTAILS

Wednesday, Dec. 4 | 7-8:30pm

Packed with flavor, zero-proof cocktails can be every bit as interesting and delicious as their alcoholic counterparts. Join Anne from Tammy's Tastings as she demonstrates how to make holiday "mocktails". Sponsored by Friends of PDL. Age Group: Adults. Registration required.

CRICUT 101: GREETING CARDS

Friday, Dec. 6 | 3-4:30pm

Embark on your creative journey with Cricut electronic paper cutting machines as we guide you through crafting a stunning greeting card. Discover the possibilities of Cricut Design Space. Age Group: Adults. Registration required.

SUBLIME SUBLIMATION

Sunday, Dec. 15 | 3:30-4:30pm

Join us in The Lab for this exciting event, where we will explore the art of creating personalized sublimated mugs, t-shirts, and bookmarks using our sublimation printer and heat presses. Age Group: Adults. Registration required.

TRIVIA NIGHT FOR ADULTS

Wednesdays, Dec. 11 and Feb. 12 | 6:30-8:30pm

Drop in alone or with friends to answer questions from various categories. Prizes will be awarded to the top trivia teams! Bring your own snacks. Sponsored by Friends of PDL. Age Group: Adults.

BOARD GAME AFTERNOON

Saturday, Jan. 12 | 1-4:30 pm

Fun at the library with games for adults, teens, and families with kids over 10! (If your children are not yet teens, please stay and play with them.) Games provided, or bring your own. Age Group: Adults and Teens.

ANXIETY IN ADULTS AND KIDS: TIPS FOR ALL AGES

Tuesday, Jan. 21 | 7pm

Join Michigan Medicine Department of Psychiatry experts for a presentation about anxiety, how it differs in kids and adults, treatment methods, and methods to calm your anxiety and help your children cope with theirs. Age Group: Adults.

POP-UP LED CARDS

Saturday, Feb. 8 | 1pm

Create a pop-up card using LED lights in this hands-on session. Learn to make a circuit and use The Lab's Cricut electronic paper cutting machines. Registration begins Jan. 11. Age Group: Adults. Registration required.

SPICE CLUB

Tuesday, Feb. 18 | 7-8:30pm

Join us for a potluck that enhances appreciation of different cultures through spices. The spice this month is cardamom seeds. Spices are first come, first served. Sponsored by Friends of PDL. Registration required and begins Jan. 7.

RED CROSS BLOOD DRIVE

Friday, Dec. 20
10am-4pm

You are invited to sign up to donate to the Red Cross blood supply. To sign up to donate, visit redcrossblood.org (sponsor code: plylibrary) or call 1-800-RED CROSS.

TRADE CAREERS SPOTLIGHT SERIES

SPONSORED BY RELENTLESS CARE FOUNDATION



Relentless Care Foundation
by Community Financial

Thursdays, Jan. 23 and Feb. 27 | 7-8pm

Teens and adults considering careers in a skilled trade are invited to come hear about and ask questions about specific paths.

Each month will feature opportunities to get direct info from folks working in a different career area.

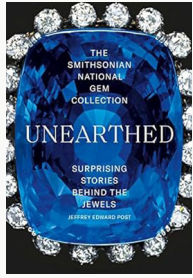
Jan. 23 - Clean Energy Jobs Wind, Solar and More

and Feb. 27 - Cosmetology. Age Group: Teens and Adults.

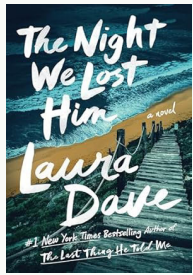
Registration requested.

ONLINE AUTHOR TALKS

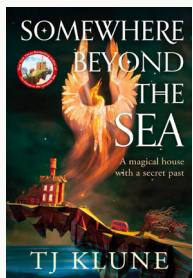
Enjoy live interviews with bestselling authors and thought leaders. To register for upcoming talks or to enjoy previously recorded ones, visit: libraryc.org/plymouthlibrary.



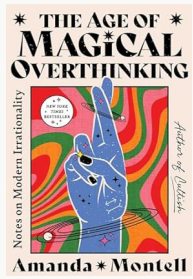
Dr. Jeff Post
Tuesday, Dec. 4 | 2pm EDT
Unearthed: Exploring the Smithsonian National Gem Collection. A Library Speakers Consortium and Smithsonian Institution Collaboration.



Laura Dave
Wednesday, Dec. 11 | 2pm EDT
 #1 New York Times bestselling author of *The Last Thing He Told Me*, Laura Dave, as she chats with us online about her newest book *The Night We Lost Him*.



TJ Klune
Wednesday, Jan. 15 | 7pm EDT
 New York Times and USA Today bestselling, Lambda Literary Award-winning author of *The House in the Cerulean Sea*.



Amanda Montell
Thursday, Jan. 23 | 2pm EDT
 New York Times Bestselling Author of *Cultish* and *The Age of Magical Overthinking*.



Seth Fishman
Thursday, Jan. 28 | 1pm EDT
 Vice President and Agent at The Gernert Company gives us an inside look at working in a literary agency.

ADDITIONAL AUTHORS AND DATES:

Tuesday, Feb. 11 | 7pm EDT
 Waubgeshig Rice

Tuesday, Feb. 4 | 2pm EDT
 Sabrina Sholts

Tuesday, Feb. 18 | 2pm EDT
 Lee Hawkins

GAME MEET UPS

EUCHRE NIGHT – NEW!

Thursdays, Jan. 9 and Feb. 13 | 6:30-8:30pm
 Drop in for some friendly Midwestern competition! Start with the partner you came with or come on your own; either way, prepare to get social because play is round-robin. Competition level is casual and no instruction will be provided. Sponsored by Friends of PDL. Age Group: Adults.

SCRABBLE SUNDAYS – NEW!

Jan. 26 and Feb. 23 | 2-4pm
 Are you seeking fellow logophiles (aka word lovers) to play Scrabble with? Join us fourth Sundays beginning in Jan. for some friendly competition. Use our sets or bring your own. Sponsored by Friends of PDL. Age Group: Adults.

BOARD GAME AFTERNOON

Saturday, Jan. 12 | 1-4:30 pm
 Fun at the library with games for adults, teens, and families with kids over 10! (If your children are not yet teens, please stay and play with them.) Games provided, or bring your own. Adults and Teens.

CHESS NIGHT

1st Tuesdays | 6-8pm
 Casual chess players are invited to drop in for a game. Sets are provided, but if you have a standard/tournament chess set you would like to bring you are certainly welcome to do so. Age Group: Adults and Teens.

CHESS CLASS

Saturdays, Jan. 19 and Feb. 15 | 3-4pm
 Interested in sharpening your chess skills? This class welcomes participants of all ages and skill levels. Players can deepen their chess understanding, refine their skills, and meet new chess friends! Age Group: All ages.

COMING SOON! MAHJONG

We heard your enthusiasm to learn to play mahjong. We're getting trained so we can teach you. Watch the Spring newsletter for mahjong learning opportunities.

SERIES FOR ADULTS

SMALL BUSINESS SERIES

PRESENTED BY SCORE -

ANN ARBOR AREA

CRAFTING A VALUE STATEMENT

Tuesday, Jan. 14 | 6:30-7:30pm

A value proposition is a clear statement that explains why a customer should choose your product or service. As an entrepreneur, identifying this is crucial for your business success. Learn to use the Value Proposition Canvas tool. Registration required.

WRITING GROUP

First and Third Tuesdays | 1:30-3:30pm Join this meetup of adult writers who share their work and provide each other support and feedback. Group meets both in-person or on Zoom. New members are always welcome. Registration required. Age Group: Adults

ADULT CRAFT MEETUPS

Drop in with your current project and hang out with other crafters. All makers are welcome!

HOOK & NEEDLE CRAFT

SOCIAL GROUP

Tuesdays | 10:30am-12:30pm

NEEDLE/CRAFT CONNECTION

Every first Thursday | 6-8pm

SBA CERTIFICATION RESOURCES

Thursday, Feb. 6 | 11am-12:30pm

Do you want your small business to become a government contractor? Could you benefit from SBA certification for women-owned, minority-owned and/or veteran-owned small businesses? Join us to learn about the benefits of certification and how to apply online. Virtual only. Registration required.

ENGLISH LANGUAGE LEARNERS

(ELL) CONVERSATION GROUP

Monday mornings 10-11:30am

Informal and friendly group meetings led by native English speakers from the Library and the Community Literacy Council. Meet in person or on Zoom at the same time.

PAGE BY PAGE: INTERMEDIATE ELL

BOOK CLUB Wednesday afternoon

1-2 pm, on Zoom

Read a small section of a book and discuss it with tutors and other learners each week until we finish the book.

AARP TAX ASSISTANCE

Thursday, Jan. 16, Friday, Jan. 17

and Saturday, Jan. 25 | 10am-12pm

AARP volunteers will provide free tax preparation for seniors at the library in 2025, by appointment only. Important: Come to one of these three in-person signup events to schedule your TaxAide appointment and receive required forms from AARP.

COMPUTER CLASSES

Computer Basics 1

January 8 | 11am-12:30pm

February 12 | 11am-12:30pm

Computer Basics 2

January 15 | 11am-12:30pm

February 19 | 11am-12:30pm

Intro to Canva

December 3 | 10:30am-12pm

January 11 | 10:30am-12pm

February 3 | 6:30-8pm

CALL FOR VOLUNTEERS



Do you have expertise in a particular field that you'd like to share with your community? Join us as a volunteer for our "Check Out an Expert" program at the library!

This exciting initiative allows community members to "check out" local experts for one-on-one sessions when it works for your schedule. Whether it's gardening, cooking, coding, art, or any other skill, we want to connect our patrons with knowledgeable individuals who can offer guidance, advice, and support. Share your passion, build connections with neighbors, and gain valuable experience in teaching and mentoring. If you are interested in getting involved, send over an email to: humanresources@plymouthlibrary.org

LIVING WELL WITH LOW VISION

Tuesdays, Jan. 7 and Feb. 4 | 10:30am-12pm This monthly info session is open to anyone for whom glasses are no longer sufficient. Sessions are both social and informative and often feature a guest speaker. Caregivers are welcome. Tokens for Plymouth Senior Transportation upon request. Age Group: Adult.

TEEN PROGRAMS & BOOK CLUBS

WINTER WINDOW PAINTING

Wednesday, Dec. 11 | 7-8 pm
Leave your mark on the library—literally! Kids and teens can drop by and make the Teen Zone more festive and cozy by painting winter-themed art on our windows. Age Group: 5th-12th grade.

LIVE-ACTION GAME

Friday, Dec. 13 | 6-8pm
Join us after hours for a live-action game of Among Us! Crewmates must complete tasks around the library, but keep an eye out for any sus behavior...imposters are among us! Sponsored by Friends of PDL. Age Group: 12-18. Registration required.

SUBLIME SUBLIMATION

Sunday, Dec. 15 | 2-3pm
Join us in The Lab for this exciting event, where we will explore the art of creating personalized sublimated mugs, t-shirts, and bookmarks using our sublimation printer and heat presses. Age Group: Teens. Registration required.

VISION BOARD

Saturday, January 11 | 12-2pm
Explore dreams, set goals, and create a personalized vision board. Enter the new year on a creative start and join us for making vision boards! Sponsored by Friends of PDL. Age Group: Teens.

DROP-IN STEM ACTIVITY

Friday, January 17 | 12-4pm
Drop by for a fun and engaging STEM activity from The Lab after Plymouth-Canton Community Schools' half-day! Enjoy hands-on learning and explore new skills in science, technology, engineering, and math.

NERF BLASTER BATTLE

Friday Jan. 24 | 6-8pm Join us after hours at the library for a NERF blaster battle. Sponsored by Friends of PDL. Registration required.

DICE TOWERS

Sunday, Feb. 23 | 2-4pm
Join us in The Lab to design your very own custom dice tower for your favorite game using our Glowforge laser cutter! Age Group: Teens. Registration Required.



TEEN TAKE & MAKES

Visit us on the first of every month for a new Take & Make kit! Each kit contains the materials to create a fun craft or experience at home. Available on a first come, first served basis near the video game shelf while supplies last. Sponsored by Friends of PDL.

Upcoming kits:

December: Peppermint Bark
January: Mini Book Keychains (pickup begins Jan. 2)
February: Onigiri

GAME MEET UPS

D&D (DUNGEONS AND DRAGONS)

Second and Fourth Mondays | 6-9pm - (12/9, 12/23, 1/13, 1/27, 2/10, 2/24) Join us for Dungeons and Dragons one-shots at State of Comics! Premade characters will be provided, but feel free to bring your own 5th-level character. Age group: Teens. Registration required.

CHESS NIGHT

1st Tuesdays | 6-8pm Casual chess players are invited to drop in for a game. Sets are provided, but if you have a standard/tournament chess set you would like to bring you are certainly welcome to do so. Age Group: Adults, Youth Grade 6+, Teens.

BOARD GAME AFTERNOON

Saturday, Jan. 12 | 1-4:30 pm
Fun at the library with games for adults, teens, and families with kids over 10! Games provided, or bring your own. Age Group: Adults, Teens, Middle School.

CHESS CLASS

Saturdays, Jan. 19 and Feb. 15 | 3-4pm
Interested in sharpening your chess skills? This class welcomes participants of all ages and skill levels. Players can deepen their chess understanding, refine their skills, and meet new chess friends! Age Group: All ages.

In the TEEN ZONE



Find your next favorite manga series at our library today!

TEEN VOLUNTEER OPPORTUNITIES

Leadership Zooms: Tuesdays, Dec. 3, Jan. 7, Feb. 4 | 6-7pm

Shelf Reading Training: Mondays, Dec. 16, Jan. 13 | 7pm

Interested in volunteering with the library? Join a Teen Volunteer Leadership Zoom held on the first Tuesday of each month to find out more, or sign up for a Shelf Reading Training! Age Group: Teens. Registration required.

BLT - BOARD OF LIBRARY TEENS

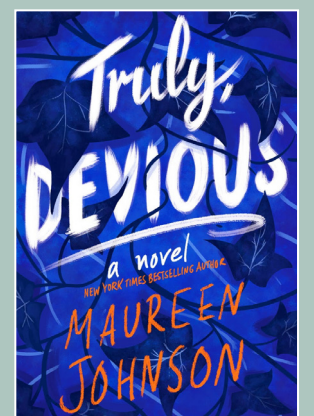
Saturdays, Dec. 14 and Feb. 8 | 12 - 1pm

Join our Board of Library Teens, and you can share ideas for programs, plan library projects, play games, and more--all while munching on some delicious PIZZA! Despite all the fun you'll be having, attendance can even be counted as a volunteer hour! Sponsored by Friends of PDL. Registration required.

BOOKS & BITES

**Wednesday, Dec. 18, Jan. 15,
and Feb. 19 | 7-8pm**

Now meeting monthly, join us to discuss a great YA read! The first five registrants get a free-to-keep copy of the book, and if that isn't enticing enough, there will be snacks!



DECEMBER: *Snowglobe* by Soyoung Park

JANUARY: *Pixels of You* by Ananth Hirsh, Yuko Ota, and J.R. Doyle

FEBRUARY: *Truly Devious* by Maureen Johnson

Sponsored by Friends of PDL. Registration required.

REGISTER FOR TEEN EVENTS TODAY!!

Go to plymouthlibrary.org/events in our main menu to access our calendar and to find your event. Click on any event and fill out its registration form. You can also call 734-453-0750, option 4 or register for the event in person.



TUTORING @ PDL

Tuesdays 6-8pm and Saturdays 1-3pm
NHS tutors will be in the Teen Zone to help with homework Wednesdays 6-8pm and Saturdays 1-3pm! Check our website's events calendar for a complete list of dates. NHS tutors will also be in the library on Jan. 11th and 12th 1-5pm for Exam Cram!

WINTER READING

Books that Changed Us

Books have the power to speak to our hearts and stay with us long after we've turned the last page. These are the stories that find us at just the right moment, changing how we see ourselves and others. They're the ones that make us pause, sit quietly, and feel the weight of new perspectives as they settle within us, shaping our lives in ways that linger and grow. The list below are books from PDL staff - books that have changed us. We hope you enjoy the list and come in and read some of our selections.

ADULTS

3mph: the Adventures of One Woman's Walk Around the World by Polly Letofsky

Warrior Girl Unearthed by Angeline Boulley

Orbiting Jupiter by Gary D. Schmidt

Evicted: Poverty and Profit in the American City by Matthew Desmond

Better Off: Flipping the Switch on Technology by Eric Brende

Escape from the Deep by Alex Kershaw

Furiously Happy by Jenny Lawson

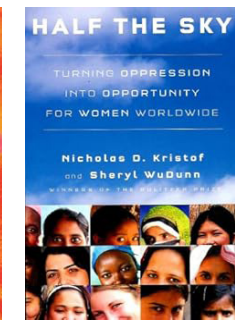
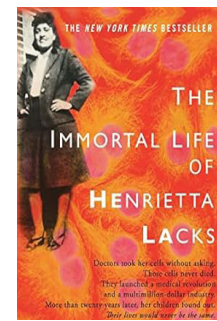
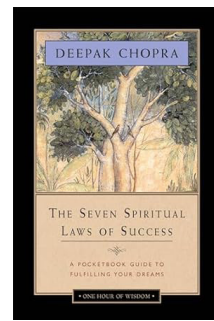
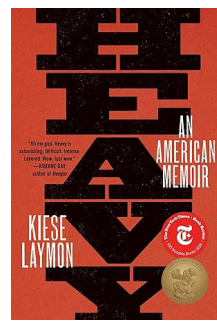
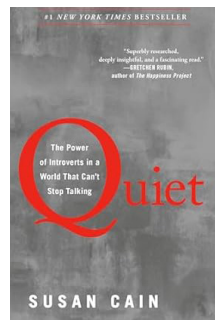
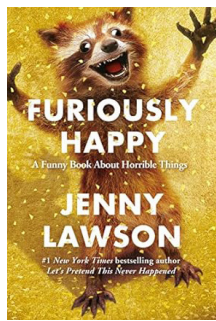
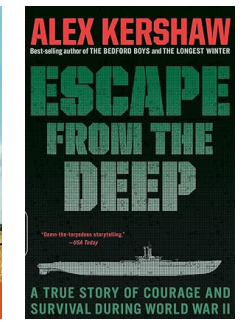
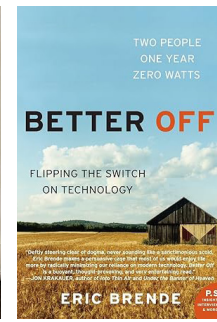
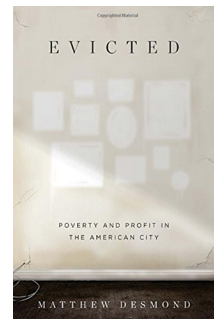
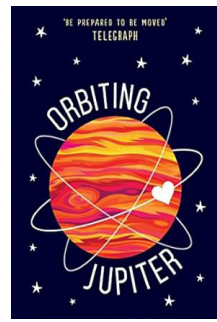
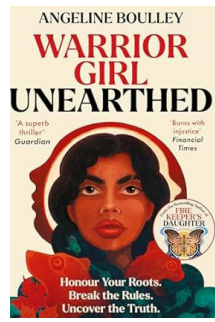
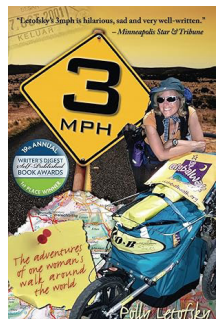
Quiet: The Power of Introverts in a World That Can't Stop Talking by Susan Cain

Heavy: An American Memoir by Kiese Laymon

The Seven Spiritual Laws of Success: A Pocketbook Guide to Fulfilling Your Dreams by Deepak Chopra

The Immortal Life of Henrietta Lacks by Rebecca Skloot

Half the Sky by Nicholas D. Kristoff & Sheryl WuDunn



Favorite Books - Staff

Books for kids and teens that we love and want to share with you.

KIDS

Mercy Watson to the Rescue by Kate DiCamillo

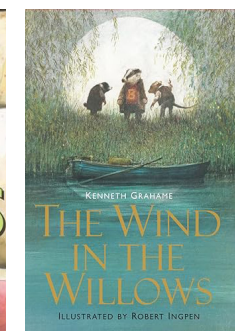
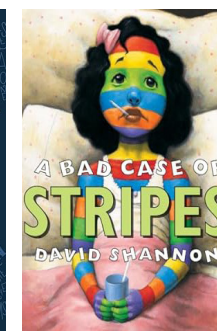
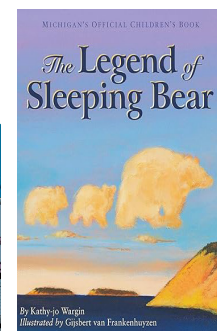
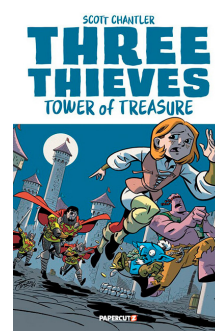
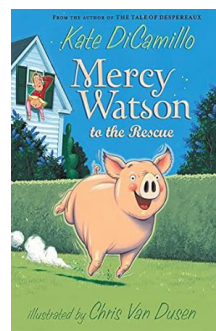
Three Thieves Tower of Treasure by Scott Chantler

The Legend of Sleeping Bear by Kathy-jo Wargin

Good Night Stories for Rebel Girls by Elena Favilli

A Bad Case of Stripes by David Shannon

The Wind in the Willows by Kenneth Grahame



TEEN

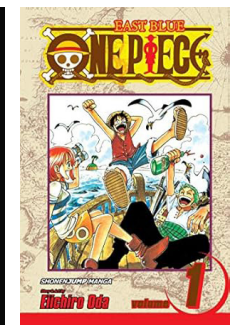
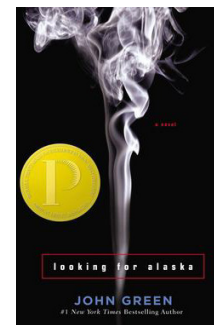
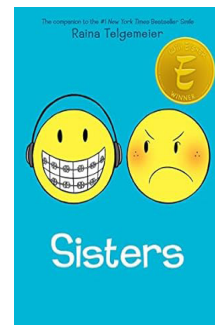
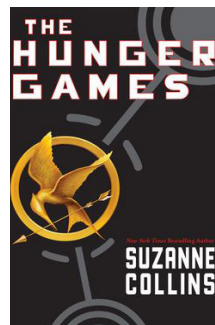
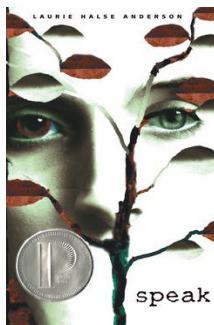
Speak by Laurie Halse Anderson

The Hunger Games by Suzanne Collins

Sisters: A Graphic Novel by Raina Telgemeier

Looking for Alaska by John Green

One Piece: Romance Dawn by Eiichiro Oda



For more *Books that Changed Us* and *Favorite Books* from our staff, visit plymouthlibrary.org.

 **Friends**
OF PLYMOUTH DISTRICT LIBRARY

THANK YOU FRIENDS!

For making library programming and events possible.

Friends of Plymouth District Library is dedicated to enhancing the library for all. Friends of PDL manages an on-going sale of donated used books and facilitates monetary donations from community supporters. Proceeds enable a robust schedule of library programming along with additional benefits to the library community.

Learn more about the Friends of Plymouth District Library
friends.plymouthlibrary.org/

Importance of Rest continued from page 1

The constant pressure to perform and stay productive makes it difficult to find genuine moments of stillness, leading to feelings of being overwhelmed, anxious, and exhausted. In the long run, this chronic state of stress takes a toll not just on mental health but on physical health as well, contributing to issues like insomnia, heart disease, and weakened immune function. It's clear that rest is no longer a luxury; it's a necessity for maintaining a healthy, balanced life.

How Reading Can Help You Slow Down and Rest

One of the simplest yet most effective ways to rest is by reading. Unlike other forms of entertainment that often require passive consumption (like scrolling through social media or watching TV), reading engages the mind while providing a restful escape. Studies show that reading for just six minutes can reduce stress, lowering heart rates and easing muscle tension. It's a form of mindful relaxation that transports you into another world.



Taking Charge of Your Well Being

Choosing the right material is key—reading the news might add to your stress, while a novel, a travel book, or even a gardening magazine can provide a peaceful mental getaway. Reading before bed is also a great way to signal to your brain that it's time to wind down, promoting better sleep without the disruptive effects of screens.

Other Ways to Help You Rest

Here are a few other practices that can help you slow down and rest:

MINDFULNESS MEDITATION: Practicing mindfulness can help train your brain to be present, reducing anxiety and stress. Even five minutes of mindfulness can have profound effects.

NATURE WALKS: Spending time in nature can help you disconnect and recharge.

BREATHING EXERCISES: Deep breathing exercises can help you relax both mentally and physically.

CREATIVE HOBBIES: Engaging in creative activities like drawing, knitting, or playing music helps you slow down and focus on the moment, promoting relaxation.

DISCONNECTING FROM TECHNOLOGY: Setting specific times to unplug from technology is crucial for mental rest. Without constant notifications, your mind has the space it needs to recharge.

Knowing the benefits of rest is one thing; making it a priority in a packed schedule is another. Start by setting aside five to ten minutes daily for rest—whether reading, meditating, or simply sitting quietly—and treat this time as essential. Remember, rest doesn't need to be perfect; even a few minutes between tasks can make a difference.

YOUR LIBRARY

AT YOUR FINGERTIPS

OUR LIBRARY APP IS BACK AND BETTER THAN EVER!

Easily search the collection, place holds, register for events, manage your account, and even check out materials directly from your phone.



We are delighted to announce that our new and improved library app is now available for download! Our new app is designed to provide you with a seamless and reliable experience. **FEATURES INCLUDE:** Easily find and place holds on items in our library's collection, discover and register for library events, manage your checkouts and account details effortlessly, check out library materials directly on your phone. **Download it today and start exploring all it has to offer!**



PDL's Top Notch Friends Group

Across Michigan and nationwide, libraries are supported by Friends of the Library organizations. They vary greatly in their size, influence and approach.

For 42 years, Friends of Plymouth District Library has supported PDL through a highly effective model of used book sale. Nearly 150 volunteer hours per month of sorting, hauling and daily replenishing ensure success and help fund library programs. Thank you for donating (and purchasing!) clean, desirable books.

To learn more or donate funds, please visit:

friends.plymouthlibrary.org.



Plymouth District Library Board of Trustees

Mike Pappas, President
Jean Walsh, Vice President
Beth Sexton, Secretary
Yasir Khogali, Treasurer
Denise Burrows, Incoming Trustee
Jacqueline George, Trustee
John Morrison, Outgoing Trustee
Jessica Yaser, Trustee

Library Director

Shauna Anderson

Weekly Hours

Sunday 1pm - 5pm
Monday - Thursday 10am - 9pm
Friday & Saturday 10am - 5pm

Fall Closings

December 24 - Christmas Eve
December 25 - Christmas
December 31 - New Year's Eve
January 1 - New Year's Day
February 17 - Staff Day

Questions or comments?

We love to hear from you!
Email info@plymouthlibrary.org
or phone 734-453-0750 option 1

Visit us online: plymouthlibrary.org

Special assistance:

Individuals with disabilities requiring auxiliary aids or services, who are planning to attend library programs or meetings, notify:
Shauna Anderson, Library Director
734-453-0750, ext. 218.
Reasonable advance notice is required.